

C-Bay

FOOD.MENU

CAFE . BAR . BISTRO

WWW.CRANTOCKBAY.CO.UK/C-BAY
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Facebook: "Crantock Bay Apartments" & "C-Bay"
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C-Bay

CAFE . BAR . BISTRO

Breakfast..... Served from 10:00am to 11:30am

Scrambled Eggs - fresh free range hen's eggs	
Softly scrambled with toasted bloomer bread	£6.50
Add crispy bacon	£1.75
Add smoked salmon	£2.95

American Pancakes

With crispy bacon and maple syrup	£7.50
With winter berry compote, yogurt and honey or maple syrup	£6.95

'C-Bay Breakfast Ciabatta' - Cornish sausage, bacon, mushroom, fried egg	£7.50
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'C-Bay Breakfast' - Cornish sausage, bacon, hogs pudding, grilled tomato, flat mushroom and a choice of eggs	£9.95
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Nasi Goreng Indonesian spiced rice dish with vegetables and fried egg	£7.95
Add chicken	£1.50

Bacon Bap in a Baker Tom glazed bun	£5.95
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Sausage Bap in a Baker Tom glazed bun	£6.25
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Toasted fresh baked bloomer with Boddington's marmalade or jam	£4.50
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Lunch.....Served from 12.00noon to 3.00pm (4.00pm on Sundays)

Soup of the day served with crusty ciabatta (GF option)	£6.50
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Chicken, bacon and cheddar Baker Tom ciabatta with apple chutney	£7.95
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Roasted vegetable wrap, garlic and mint yogurt, served with chilli jam	£7.95
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Rich beef chilli and cheese wrap with lime salsa	£8.25
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Caramelised onion, mushroom and brie tart with tossed salad and walnut pesto	£10.95
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Warm squash, pickled beetroot and goats cheese salad with crispy shallots and yogurt dressing	£11.75
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Cornish white crab meat sandwich with lemon mayonnaise	£11.95
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Cornish blue cheese and pear gnocchi with toasted walnuts	£11.95
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C-Bay beef burger topped with mature cheese and pickles in a Baker Tom bun with fries	£12.50
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Add smoked bacon or chorizo	£13.50
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Beer battered fish and chips with tartare sauce and pea puree	£12.95
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Homemade honey glazed ham with bubble 'n squeak and poached hen's eggs	£12.95
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Slow cooked shoulder of beef with rich onion gravy, root vegetable mash and winter vegetables	£14.95
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Seafood broth with saffron potatoes and rosemary focaccia	£15.95
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Mixed leaf side salad	£3.00
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Bucket of fries	£3.20
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Please see our specials board for daily dishes.

(Gluten free bread available – please just ask when ordering)

Afternoon Tea..... Served until 5pm

Slice of cake (Served all day)	£2.80
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Chough Bakery toasted tea cake and butter	£2.50
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Cream Tea – Two freshly baked Chough Bakery scones with strawberry jam, Cornish clotted cream and a pot of tea	£6.75
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Traditional Afternoon Tea - Scones, jam and clotted cream, a selection of finger sandwiches and homemade cakes (minimum two people - Please order in advance)

With Tregothnan's Cornish Tea	£10.50 pp
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With a 200ml bottle of Prosecco	£17.50 pp
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Nibbles.....Served all day

C-Bay smoked mixed nuts	£2.70
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Shell-on pistachio nuts	£3.20
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Feta stuffed bell peppers	£3.20
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Baker Tom's rosemary focaccia with balsamic and olive oil	£3.50
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Marinated olives	£3.70
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Kids..... Served 12pm - 3pm and 6pm - 9pm

Mini fish and chips	£6.00
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Mini burger and fries	£6.00
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Chicken and parmesan pasta	£6.00
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Sausage and chips	£6.00
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Kids C-Bay ice cream sundae - Vanilla ice cream with chocolate sauce, chocolate chips and marshmallows	£4.95
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Dinner..... Served from 6pm - 9pm

(Thursdays, Fridays and Saturday only)

Please see our specials menu for our daily changing dinner options

Desserts.....Served for lunch and dinner

Poached pears with hot chocolate sauce, pistachio crumb and salted caramel ice cream	£6.75
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Sticky banana and walnut pudding with spiced toffee sauce and clotted cream ice cream	£6.75
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Dessert of the day – Please see our specials	£6.75
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Choose from a selection of Callestick ice cream	per scoop £2.00
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A selection of Cornish cheeses, grapes, celery and crackers	£7.90
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Food Allergens:

If you would like to see a list of allergens, please just ask a member of staff. Thank you.